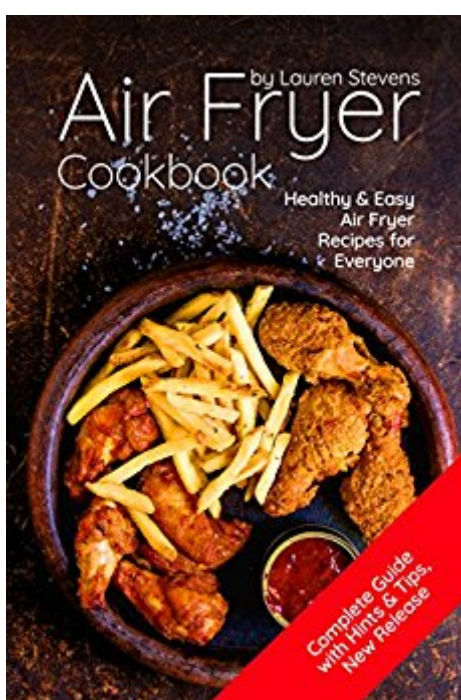


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# Air Fryer Cookbook: Healthy & Easy Air Fryer Recipes For Everyone (Air Fryer Recipe Book, Air Fryer Cooking, Best Air Fryer Recipes)



## Synopsis

Here You Will Find The Most Popular And Delicious Air Fryer Recipes Cookbook That Will Make Your Air Fryer Cooking Much More Interesting! We all want to eat healthy food, but very often we simply do not have time for that. Air fryers were designed to solve this issue. These are revolutionary devices that cook tasty food with hardly any oil and within half an hour or less. It saves your time, which can be crucial nowadays, in your busy everyday life. It will be a perfect option for those who love fried food. Your air fryer will become your right hand in the kitchen when you want your usual food healthier and faster. Are you thinking of reconsidering your diet? Are you eager to make a fresh start? Do you simply want "fast food" made healthy? Using an air fryer and this book packed with easy recipes, you can prepare healthy yet delicious and flavorful food for you and your family in no time! They are going to love their dinner! Be it classic steak or Asian dumplings, fish-n-chips or vegetarian kebobs, healthy crisps or indulgent red velvet cupcakes – your dinner will be unforgettable! This book includes 50 recipes that you can easily make if you have an air fryer. You will find every type of meal in here, from steaks and roast chicken to various side dishes, snacks and desserts! Yes, desserts! Just open the book and get amazed! It is very easy to find the recipe ideal for the occasion. It's divided into 5 parts: Meat – be it beef or pork, or lamb, easy and quick step-by-step recipes will lead you to a perfect dinner! Poultry – would like some Asian chicken wings or duck legs? Or maybe whole turkey? It's much easier to make than you think! Vegetarian Dishes, Side Dishes, and Snacks – if you are a vegetarian, you don't need to sacrifice your longing for nice and tasty food! Try the ultimate healthy vegan burger! Or falafel! Or koftas! And all types of side dishes, perfect companions for the mains! Feel tempted to have something crunchy and yet don't like to feel guilty about the calories afterwards? Lovely healthy snacks made in no time will be much of a help! Desserts. Oh, yes! You certainly deserve a nice doughnut or a brownie! Or two! Fast food can be healthy and delicious – just open the book to know how! We really hope that the recipes in this book will inspire you to cook more delicious and healthy food with your air fryer! Take care and enjoy your food! Download your copy now! FREE with Kindle Unlimited!

## Book Information

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## Customer Reviews

This is a healthy book on the topic of Air Fryer. This book is loaded with helpful information, tips and recipes that I need to know about Air Fryer. Lauren Stevens is a great author on this topic. All recipes are very healthy, delicious and well guided. Overall, it was a great and enjoyable read about Air Fryer.

Air Fryer saves a lot of time, but without right recipes, your ration will be dull and unhealthy. So, I bought several Air Fryer cookbooks to solve this issue, and this one is one of my favorite recipe books. The dishes are ridiculously simple but tasty and healthy. I love them. You will love them.

Do not waste your time or \$ on this book. First see that yummy looking chicken on the cover.. The one that is clearly deep fried in Lard or 4 cups of oil. There is no recipe in the book that has any crispy chicken with a breading or coating That is clearly deceptive advertising. Recipes are poorly written and formatting is a worse in the Kindle Cloud reader. Peri Peri chicken... calls for "peri peri marinade" what the heck is that. After a search I found one from a single 3rd party seller--not prime. Even the recipe for french fries--better one is in the book that came with my Air Fryer. Also--cupcakes in the air fryer---really. Why would anyone want to do that? That is not why we purchase an air fryer.

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